



**BĄDŹ LEPSZY  
BE BETTER**

FOT. AGATA MAJASOW

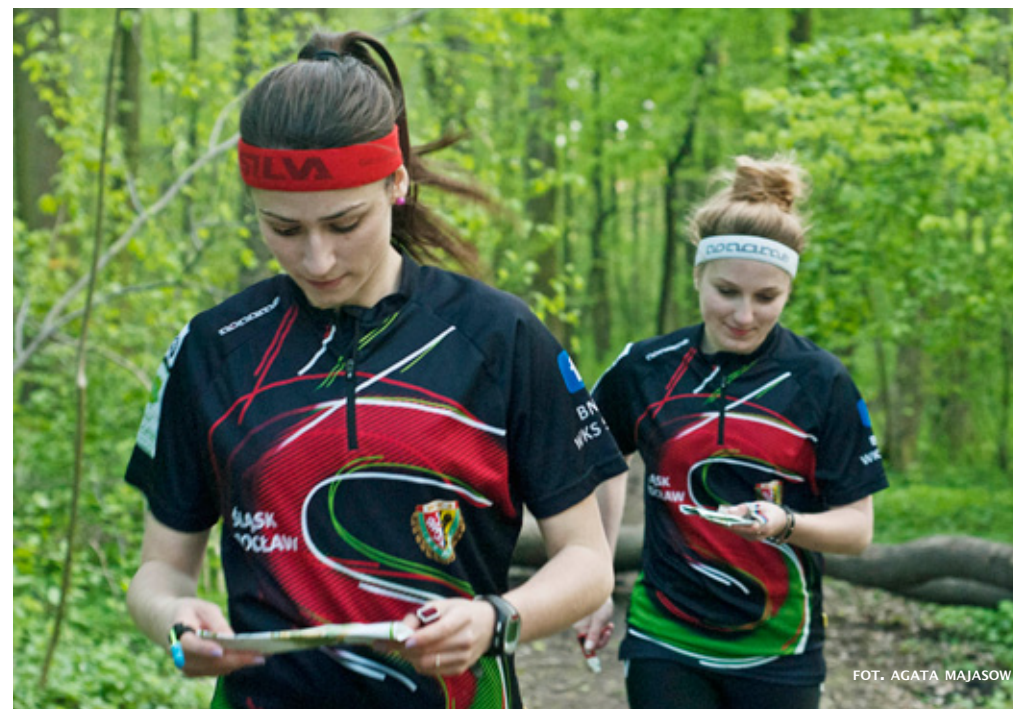
# BIEG NA ORIENTACJĘ O-GAMES

WORLD RANKING EVENT  
17-18.05.2014  
ŚWIDNICA-ŚLEŻA



THE WORLD GAMES  
WROCLAW 2017

ORIENTEERING  
IS ONE OF THE SPORTS  
IN THE WORLD GAMES



FOT. AGATA MAJASOW

## BULLETIN 2

## MISSION\_

After succesfull last year edition of O-Games we decided to go on with idee of this competition. Just like last year our goal is to show that orienteering is sport either for beginners like for elit. As well as orienteering is fantastic way for ac-tive and creative leisure.

We do it all, so that as many people as possible learn what is orienteering before the upcoming The World Games 2017.



## MODEL OF COMPETITION\_

National competition

**Sprint** – Świdnica– 17.05.2014

– **World Ranking Event**

**Shortened long distance** – Ślęża –

18.05.2014 – **Puchar Ślęży, Puchar**

**Komendanta Centrum Szkolenia**

**Inżynieryjnych i Chemicznych**

**we Wrocławiu im.gen. Jakuba**

**Jasińskiego**

Two individual stages with overall clasification after two stages.

Interval start on sprint.

Interval start on shortened long be-side M/W21 E(Elit) – chasing start.

## ORGANIZERS\_

**Dolnośląski Związek Orientacji**

**Sportowej**

ul. Borowska 1-3

50-529 Wrocław

NIP: 899-244-94-79

**Wojskowy Klub Sportowy “Śląsk”**

ul. Oporowska 62

53-434 Wrocław

NIP: 896-000-44-49

## CO-ORGANIZERS\_

International Orienteering Federation

Polish Orienteering Federation

Centrum Szkolenia Wojsk  
Inżynieryjnych i Chemicznych we  
Wrocławiu im.gen. Jakuba Jasińskiego

The municipality of Świdnica

The Marshal of Lower Silesia Voivodeship

OSiR Świdnica

## ORGANIZATIONAL TEAM\_

**Event Director** – Wojciech Dwojak

**Assistant Event Director** – Marcin Ciszek

**Referee** – Kalikst Sobczyński

**Course Setter** – Jacek Morawski, Kostian-  
tyn Majasow

**Map makers** – Wojciech Dwojak, Jacek  
Morawski, Kostiantyn Majasow

**Media** – Agata Majasow

**Adviser IOF** – Jerzy Antonowicz

## TRAINING\_

# znajdzsiewlesie.pl

You can use fixed points, which in the framework of the project “Find out in the woods – Lasek Osobowicki” stand in the Lasek Osobowicki. The project is located in the northern part of the city.

Participation is free.

More on:

[www.znajdzsiewlesie.pl](http://www.znajdzsiewlesie.pl)



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**PROGRAM\_**

**SATURDAY 17.05.2014**

|             |   |                  |
|-------------|---|------------------|
| 14:00–16:00 | Receptions of runners at event center         | Świdnica – Rynek |
| 15:30       | Zamknięcie kwarantanny startowej              | Świdnica – Rynek |
| 16:00       | Start Sprint + price giving fot sprint WRE    | Świdnica – Rynek |
| 18:30       | Price giving ceremony for sprint WRE – W/M21E | Świdnica – Rynek |

**SUNDAY 18.05.2014**

|             |  |                  |
|-------------|--|------------------|
| 08:30–11:00 | Receptions of runners at event center          | Przełęcz Tąpadła |
| 10:00       | Start W21E – chasing start                     | Przełęcz Tąpadła |
| 10:10       | Start – rest of the categories – chasing start | Przełęcz Tąpadła |
| 11:30       | Start M21E – chasing start                     | Przełęcz Tąpadła |
| 13:30       | Opening of the project znajdzieszwlesie.pl     | Przełęcz Tąpadła |
| 14:00       | Closing Ceremony O–Games 2014                  | Przełęcz Tąpadła |



**VENUE\_**

**17.05.2014 SPRINT - WRE Świdnica**

**18.05.2014 SHORTENED LONG Ślęża**

**POLAND**

**EVENT CENTER\_**

|                           |                          |                          |
|---------------------------|--------------------------|--------------------------|
| 17.05.2014 Sprint – WRE   | Świdnica – Rynek         | N 50°50'33<br>E 16°29'13 |
| 18.05.2014 Shortened long | Ślęża / Przełęcz Tąpadła | N 50°50'44<br>E 16°41'55 |

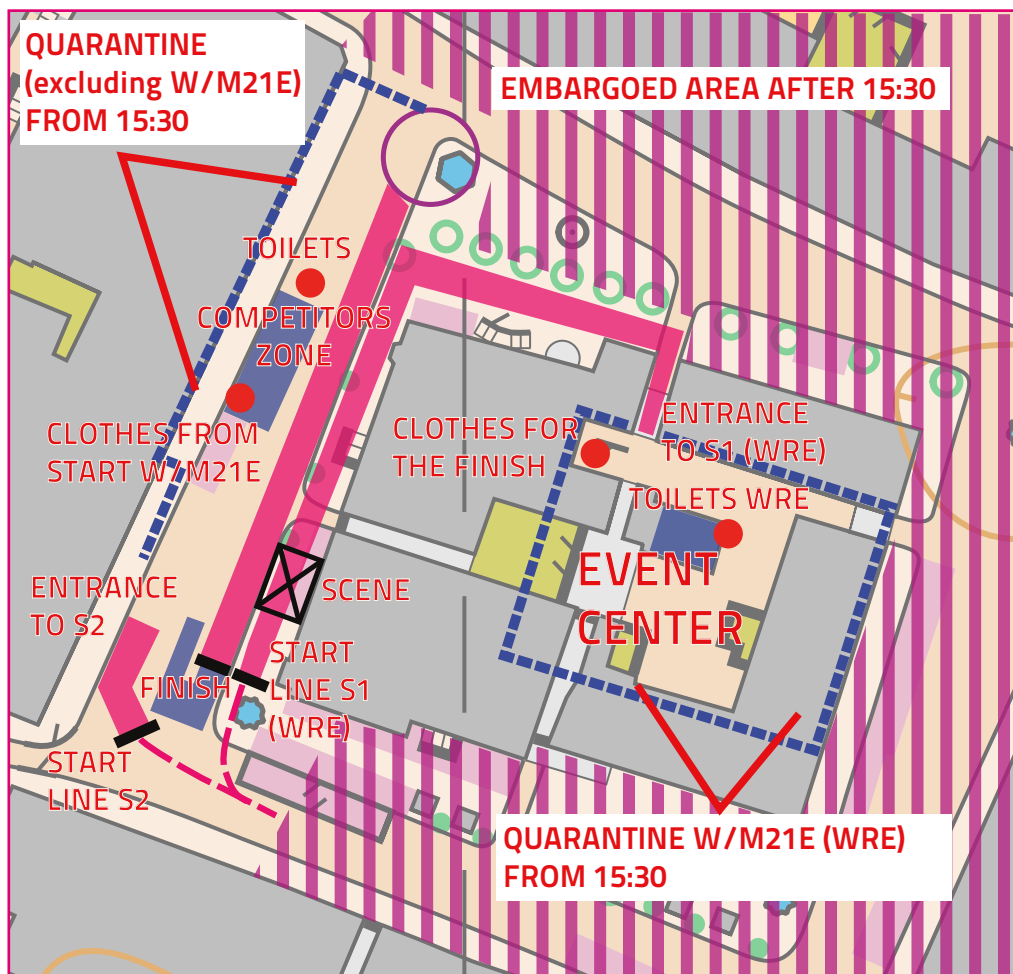
**ACCOMODATION\_**

People who ordered accommodation at the organizer will be accommodated in the **Hala Gimnastyczna OSiR Świdnica (Gymnastics Hall)**, which is located at **ul. Pionierów Ziemi Świdnickiej 29 w Świdnicy**. Hall will be open to competitors from 17:00 on Saturday 17/05/2014. Competitors are asked to take their stuff before the race on Sunday.

## SPRINT – 17.05.2014 – ŚWIDNICA-RYNEK

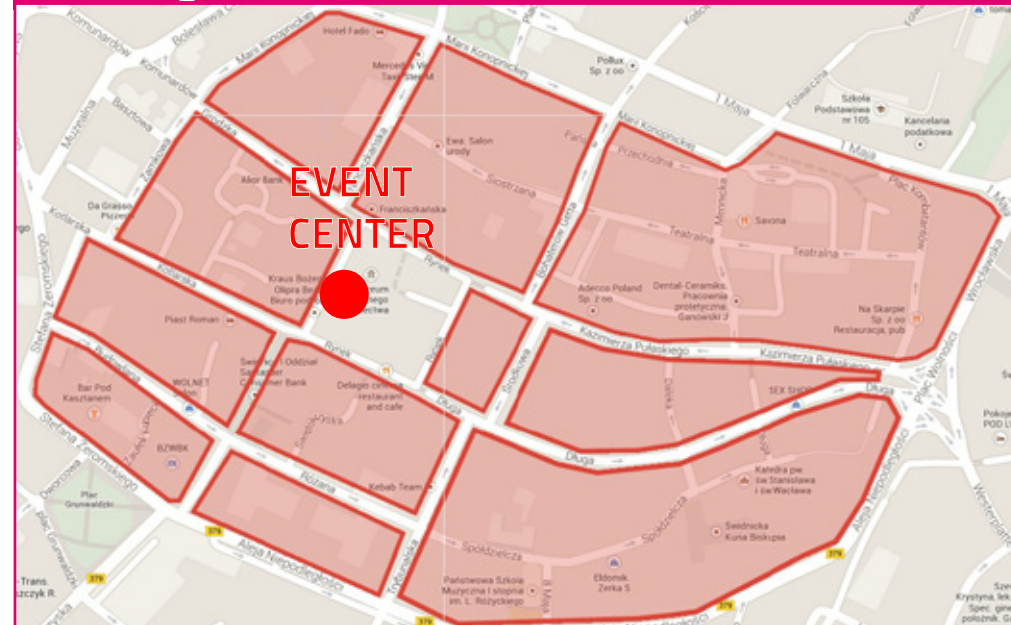
### EVENT CENTER\_

Event Center is located in the western part of the square in Swidnica. There will be a dedicated car park for the participants of the event. You can park in the old town with regard to embargoed areas.



### EMBARGOED AREAS\_

#### ŚWIDNICA\_



Preview available on Google maps: <http://goo.gl/rjpt7v>  
It is forbidden to move around the areas marked on the map in red.  
This applies to all competitors taking part in the competition.

### START\_

**16:00** – Start of the first competitors (00 minute)  
Two separate starts will be organized for W/M21E (S1) and for the other categories (S2).

#### S1 (W/M21E – WRE)

**Walk 100m to start**, will not be marked in the field.

Starting numbers for W/M21E one will take in the start zone

#### Start Organization:

The first box – verification, cleaning and checking the SI, pictograms  
The second box – (length 90m)  
The third box – you can approach to the map, but it must not be taken until the signal.

#### S2 (CAT. EXCEPT W/M21E)

**Start** in the event center

#### Start Organization:

The first box – verification, cleaning and checking the SI,  
The second box – pictograms  
The third box – you can approach to the map, but it must not be taken until the signal.

## START QUARANTINE\_

There are two separate quarantine zones – one for W/M21E and second for the other categories. You can locate zones on the Event Center map.

In the quarantine zone it is prohibited to use mobile phones and other devices that enable the transmission of information. In addition, on the competition of hours. 15.30 prohibited from using any maps of the venue in the quarantine zone.

For competitors W/M21E organized to transport the stuff from start to finish into zones.

Warm-up is possible only in the quarantine adequate for the category. In the sprint will not be available map warm-up.

## FINISH\_

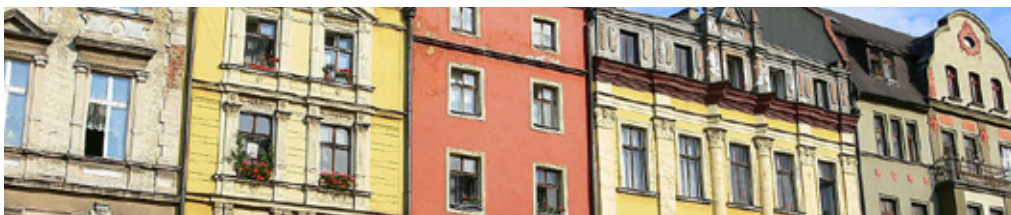
Finish is located in the event center.  
End of the course is done by punch at the finish line.  
Finished will be closed at 19:15.

## TERRAIN\_

Urbanized area, covers the very center of Świdnica, the Market and the old town. The area is characterized by narrow streets. Most of the route will be run on paved surfaces (paving, asphalt).  
Wszyscy zawodnicy są zobowiązani do przestrzegania zasad Ruchu Drogowego.

## MAPA\_

Map – **Świdnica-Rynek**, scale: **1:4 000**, e=2m  
Mapmaker – **Jacek Morawski**  
Maps are water resistant (foiled).



## COURSE\_

Course setter – **Jacek Morawski**

Winners time for all categories is 14–15 minutes.

For category W/M21E expected winning time is approximately 15 minutes

Time limit: 60 minutes.

| WOMEN  |        |    | MEN  |        |    | RECREATION |        |    |
|--------|--------|----|------|--------|----|------------|--------|----|
| CAT.   | DIST.  | CP | CAT. | DIST.  | CP | CAT.       | DIST.  | CP |
| K10    | 0,8 km | 8  | M10  | 0,8 km | 6  | A          | 3,6 km | 16 |
| K12    | 1,6 km | 12 | M12  | 1,7 km | 14 | B          | 2,9 km | 16 |
| K14    | 2,2 km | 13 | M14  | 2,4 km | 14 | C          | 2,2 km | 13 |
| K16    | 2,4 km | 14 | M16  | 2,9 km | 16 | MIX        | 2,4 km | 14 |
| K18    | 2,6 km | 13 | M18  | 3,3 km | 18 |            |        |    |
| K20    | 2,8 km | 13 | M20  | 3,6 km | 16 |            |        |    |
| K21    | 2,5 km | 14 | M21  | 3,3 km | 17 |            |        |    |
| W21E   | 3,2 km | 13 | M21E | 4,1 km | 19 |            |        |    |
| K35/40 | 2,5 km | 12 | M35  | 3,3 km | 17 |            |        |    |
| K50/55 | 1,9 km | 12 | M40  | 3,1 km | 15 |            |        |    |
|        |        |    | M45  | 2,8 km | 13 |            |        |    |
|        |        |    | M50  | 2,7 km | 13 |            |        |    |
|        |        |    | M55  | 2,5 km | 12 |            |        |    |
|        |        |    | M60  | 2,3 km | 11 |            |        |    |
|        |        |    | M65+ | 2,1 km | 10 |            |        |    |

Distance calculated by the optimal route.

## OTHER INFORMATION\_

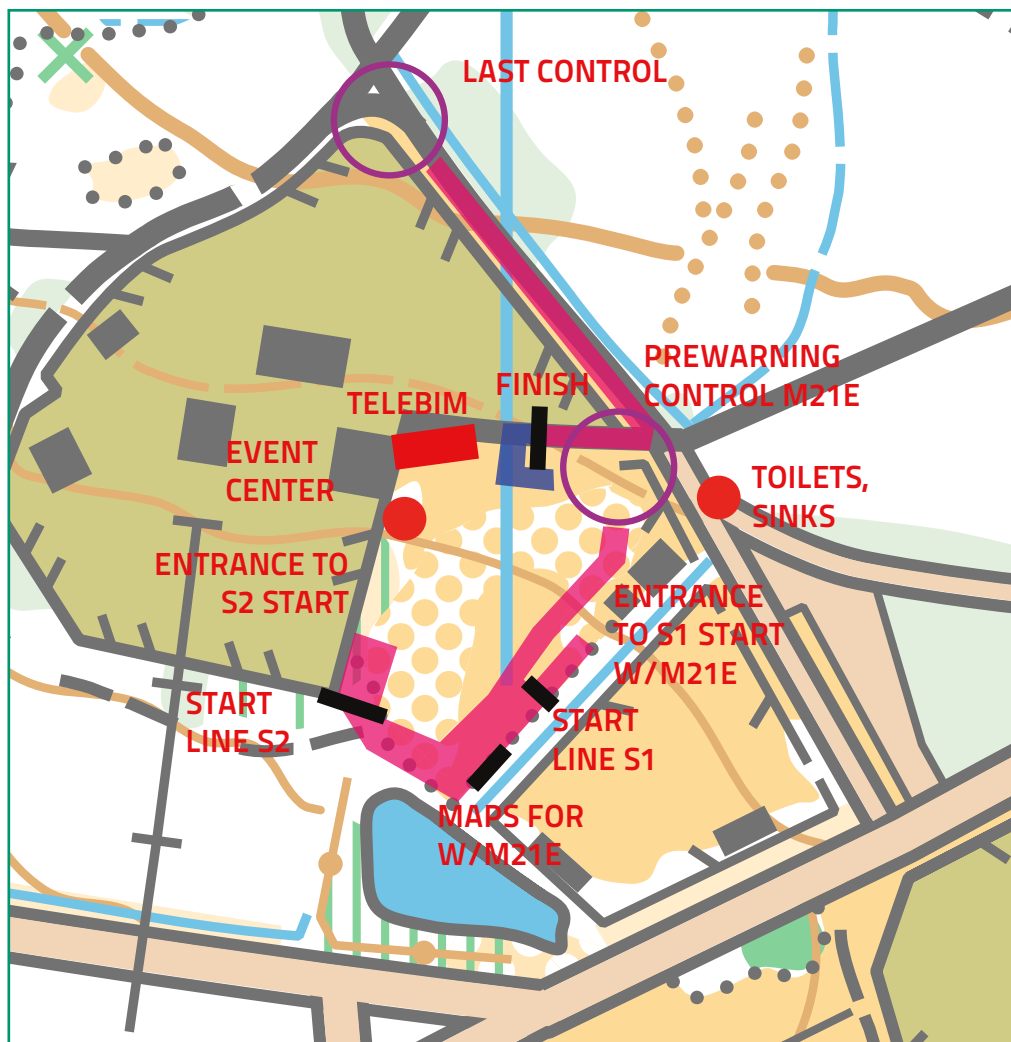
- Clothing unrestricted. It is forbidden to run in shoes with metal spikes or anything metal in the sole.
- Sprint race is played in urban areas, and because of that we undertake all participants read the following and respect his record while running sprint and team managers in which are minor runner, the ruthless use of their charges to the rule:

**Participants of the sprint orienteering race at “O-Games 2014” held in Świdnica, on 17/05/2014, undertake to navigate and run only at the sidewalks, and when crossing the road to comply with Traffic Regulations.**

## SHORTENED LONG – 18.05.2014 – ŚLĘŻA – PRZEŁĘCZ TĄPADŁA

### EVENT CENTER\_

Event Center is located in a meadow at the Pass Tąpadła.



### START\_

10:00 – Start of the first competitors (00 minute)  
Two separate starts will be organized for W/M21E (S1) and for the other categories (S2).

#### S1 (W/M21E)

**Start** in the event center  
Starting numbers for W/M21E one will take in the start zone  
**Start Organization:**  
The first box – verification, cleaning and checking the SI,  
The second box – pictograms  
The third box – takes two minutes, competitors are starting at the judge's sign

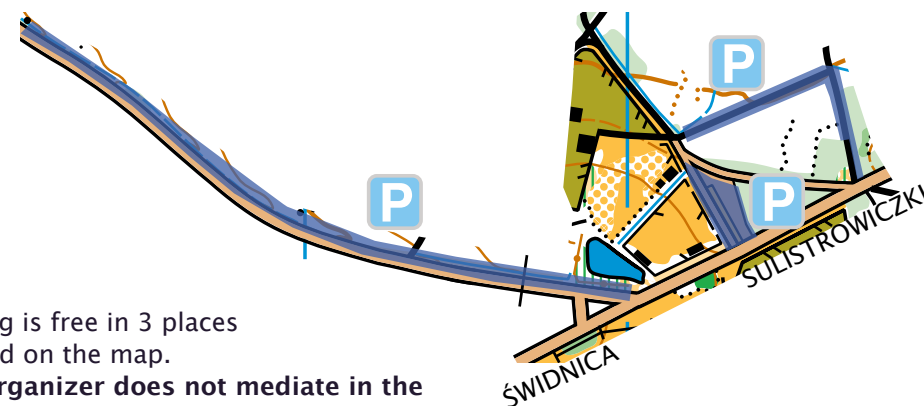
#### S2 (KAT. POZA W/M21E)

**Start** in the event center  
**Start Organization:**  
The first box – verification, cleaning and checking the SI,  
The second box – pictograms  
The third box – you can approach to the map, but it must not be taken until the signal.

### FINISH\_

Finish is located in the event center at the meadow – Przełęcz Tąpadła.  
End of the course is done by punch at the finish line.  
Finished will be closed at 14:30.

### PARKING\_



Parking is free in 3 places marked on the map.  
**The organizer does not mediate in the organization of the parking process.**

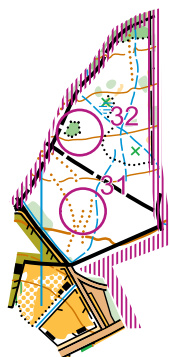
## TERRAIN\_

Mountain area with stony ground, often occurring rock formations. Runnability from difficult to very difficult mainly because of the stony ground. Vegetation: mainly beech forest with good runnability, in some places runnability could be difficult because of the dense vegetation.

During the competition it is prohibited to cross (outside places designated by the organizer) or run along the county road marked with a symbol **ISOM 711 Forbidden route** (as shown below). Competitors who do not respect the ban will be disqualified.



SKALA 1:10000 E=5M



## WARM-UP MAP\_

Warm up maps can be found in the start-packages and in the evnt center

## MAP\_

**Map – Ślęża-Południe**, scale: **1:10 000**, **e=5m**  
**Mapmaker – Wojciech Dwojak, Kostiantyn Majasow**  
 Maps are water resistant (foiled).  
 You will find warm-up map in the warm-up area.

## GPS TRACKING\_

The first 10 competitors in the category M21E in pursuit race will start to with GPS receivers.  
 GPS receivers will be distributed in the first box at the start.

## TELEBIM\_

Competition in the category **W21E** and **M21E** can be followed in the Event Center on the big screen. In addition to the cameras, which will provide the image from TV points, GPS Tracking will be used in **M21E** category.

### W21E

| START | TV1    | TV2    | META   |
|-------|--------|--------|--------|
| 0 km  | 3,7 km | 6,8 km | 7,2 km |

### M21E

| START | TV1    | TV2    | TV3     | META    |
|-------|--------|--------|---------|---------|
| 0 km  | 2,9 km | 6,9 km | 10,6 km | 12,5 km |

## COURSE\_

Course setter: **Kostiantyn Majasow**

Time limit: 150 minutes.

For **W21E** category expected winning time is approximately 60 minutes .

For **M21E** category expected winning time is approximately 80 minutes .

Older categories will have a refreshment point or points on the route.

In **M21E** category oblige card with memory above 40 points.

There will be a map change in the **M21E** category. Competitors alone are responsible for taking the maps with their number.

There will be forking in the **W21E** and **M21E** category.

| WOMEN  |        |    |     | MEN  |         |    |     | RECREATION |        |    |     |
|--------|--------|----|-----|------|---------|----|-----|------------|--------|----|-----|
| CAT.   | DIST.  | CP | CL. | CAT. | DIST.   | CP | CL. | CAT.       | DIST.  | CP | CL. |
| K10    | 1,6km  | 5  | 50  | M10  | 1,8 km  | 7  | 50  | A          | 5,9 km | 15 | 220 |
| K12    | 1,9 km | 7  | 60  | M12  | 2,3 km  | 7  | 90  | B          | 4,1 km | 10 | 140 |
| K14    | 2,8 km | 7  | 90  | M14  | 3,2 km  | 8  | 100 | C          | 2,4 km | 9  | 100 |
| K16    | 4,2 km | 11 | 120 | M16  | 5,3 km  | 13 | 190 | MIX        | 3,2 km | 8  | 100 |
| K18    | 5,7 km | 18 | 220 | M18  | 6,9 km  | 23 | 260 | 10N        | 3,2 km | 6  | 80  |
| K20    | 5,7 km | 18 | 220 | M20  | 6,9 km  | 23 | 260 | MW20       | 4,6 km | 10 | 190 |
| K21    | 5,7 km | 14 | 180 | M21  | 6,9 km  | 14 | 250 | MW35       | 4,0 km | 9  | 110 |
| W21E   | 7,2 km | 25 | 270 | M21E | 12,5 km | 40 | 460 | KW         | 3,3 km | 8  | 100 |
| K35/40 | 3,4 km | 11 | 100 | M35  | 6,8 km  | 16 | 250 | RW         | 3,2 km | 8  | 80  |
| K50/55 | 2,6 km | 9  | 80  | M40  | 6,2 km  | 13 | 250 |            |        |    |     |
|        |        |    |     | M45  | 6,1 km  | 13 | 230 |            |        |    |     |
|        |        |    |     | M50  | 5,7 km  | 12 | 230 |            |        |    |     |
|        |        |    |     | M55  | 5,4 km  | 14 | 190 |            |        |    |     |
|        |        |    |     | M60  | 4,2 km  | 7  | 140 |            |        |    |     |
|        |        |    |     | M65+ | 3,4 km  | 9  | 100 |            |        |    |     |

## REMARKS\_

- Medical care is provided by the organizer,
- Competitors need to have valid medical tests
- The organizer is insured against liability,
- The organizer does not bear the costs of individual insurance

## PARTNERS\_



## SPONSORS\_



## MEDIA PATRONAGE\_



## MEDIA\_

**Spokesperson:**  
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kontakt.o.games@gmail.com  
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## CONTACT\_

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